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Amendment to the Claims:

Claims 21-23 and 25-53 are canceled and new claims 54-70 are added as follows.

1-53. (Canceled)

54. (New) A method for forming a structure for an integrated circuit comprising:

- (a) depositing a layer of a refractory metal upon a substrate;
- (b) forming a layer of metal nitride on said refractory metal, wherein said metal nitride layer is formed using a gas comprising a metallo-organic substance; and
- (c) exposing the metal nitride layer to a plasma to reduce the resistivity of said layer by removing carbon from the metal nitride layer.

55. (New) The method of claim 54 wherein said metal nitride layer has thickness of less than 130 Å

56. (New) The method of claim 54, wherein said metal nitride layer has a thickness in the range of 25 to 75 Å.

57. (New) The method of claim 54, wherein said layer of said refractory metal and said metal nitride layer have a combined thickness of less than 200 Å.

58. (New) The method of claim 54, wherein said plasma comprises at least one gas selected from the group consisting of nitrogen, hydrogen, argon, helium, and ammonia.

59. (New) The method of claim 54, wherein said metal nitride layer comprises titanium.

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60. (New) The method of claim 54, wherein said plasma comprises a noble gas.
61. (New) The method of claim 54, wherein said step of depositing said metal nitride and said step of exposing the metal nitride to a plasma are both performed in a single chamber.
62. (New) The method of claim 54 further comprising biasing the substrate while exposing the metal nitride layer to the plasma.
63. (New) The method of claim 54 wherein the biasing step produces a DC self-bias on the substrate.
64. (New) The method of claim 54 wherein said metallo-organic substance is tetrakis (dialkylamido) titanium.
65. (New) The method of claim 54, wherein said step of exposing the metal nitride layer to the plasma comprises:
 exposing said metal nitride layer to a first plasma; and
 exposing said metal nitride layer to a second plasma after exposing said metal nitride layer to said first plasma.
66. (New) The method of claim 65 further comprising biasing the substrate while exposing the metal nitride layer to the first plasma and the second plasma.
67. (New) The method of claim 65, wherein said first plasma comprises at least one gas selected from the group consisting of nitrogen, hydrogen, argon, helium, and ammonia.

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68. (New) The method of claim 65, wherein said second plasma comprises at least one gas selected from the group consisting of nitrogen, helium, neon, and argon.

69. (New) The method of claim 54, wherein said refractory metal is a metal selected from the group consisting of titanium, tungsten, tantalum, cobalt, and molybdenum.

70. (New) A method for forming a barrier layer for an integrated circuit comprising:

- (a) depositing a first layer of titanium or tungsten upon a substrate;
- (b) depositing a second layer of titanium nitride on said first layer wherein said second layer is formed using a gas comprising a metallo-organic substance and said second layer has a thickness of less than 130 angstroms; and
- (c) exposing the second layer to a plasma comprising at least one of nitrogen or hydrogen to reduce the resistivity of said second layer by removing carbon from the second layer.

71. (New) The method of claim 70 wherein the metallo-organic substance is tetrakis (dialkylamido) titanium.

72. (New) The method of claim 70 further comprising:

 biasing the substrate while exposing the metal nitride layer to a plasma.

73. (New) The method of claim 72 wherein a bias established by the biasing step is a DC self bias.

74. (New) The method of claim 70 wherein the first layer depositing step is performed using physical vapor deposition.

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75. (New) A method of forming on a substrate an interconnect structure for an integrated circuit having gate widths that are less than or equal to 0.25 mm comprising:

depositing a titanium layer in contact with a conductive silicon containing material using physical vapor deposition to a thickness of 100Å or less;

depositing a titanium nitride layer upon the titanium layer using chemical vapor deposition to a thickness of 100Å or less;

plasma annealing the titanium nitride layer to improve the resistivity of the titanium nitride layer;

depositing a metal layer in contact with the titanium nitride layer.

76. (New) The method of claim 75 wherein the titanium layer depositing step further comprises:

using a collimator to guide titanium from a target to a substrate.

77. (New) The method of claim 75 wherein the titanium layer depositing step further comprises:

using an ionization coil to guide titanium from a target to the substrate.

78. (New) The method of claim 75 wherein the plasma annealing step further comprises:

biasing the substrate while performing plasma annealing.

79. (New) The method of claim 75 wherein the titanium nitride depositing step further comprises:

decomposing a metallo-organic substance.

80. (New) The method of claim 79 wherein the metallo-organic substance is tetrakis (dialkylamido) titanium.